

## **Nurturing Self Help Groups for All Round Development**

evelopment Alternatives (DA) aims to create and support effective and resilient institutions such as strong and sustainable women's Self-Help Groups (SHGs) to help improve their access to formal credit and livelihoods as well as create awareness to enable them avail their rights, entitlements and opportunities. The goal is to help these women achieve social, economic and political empowerment. In one of DA's recent endeavours, five SHGs of women were formed in villages - Koti, Badaira and Pura under the NABARD funded Integrated Watershed Development Project. A group leadership training programme was organised for these SHGs women by DA on SHG formation and its various stages, group dynamics and role of SHGs in various Government and Development programmes.